

# FEMALE Tries



**Seema Viswanathan** attempts to trim her tummy by using heat to melt the inches away.

**"My tummy felt smoother and my flab felt softer, easier to burn"**



## Dermlaze's Tenor Radio Frequency Technology

**What it is** A technique that uses heat from radio waves to accelerate the production of collagen, which in turn tightens tummy skin and firms it up. A side effect of the heat radiation is that it breaks down fat cells to make it easier to burn.

**The process** First my tummy was measured, then a light, baby oil was applied all over. Then, the technician used a gun-shaped equipment that emits heat to massage my tummy in circular motions. The massage focused on my right side at first, then my left, then that stubborn paunch in the middle that I've been trying to get rid of for years. The heat released was increased every minute, until it went up from 32°C to 43°C. The temperature increase stopped there, as that was the hottest I could take. You may think it was painful, but it wasn't; I actually dozed off mid-massage! The whole process took about 40

minutes, after which I dabbed away the excess oil and rushed off to another appointment. No pain, no redness. However, I did have to drink lots of water later as I felt 'heaty'. The technicians did warn me about that, though.

**Verdict** The immediate effect was that my tummy felt smoother and my flab softer, as if it were easier to burn. The latter signalled that my fats were definitely broken down. After just one session, I lost two centimetres off my waist!

**Available at** Dermlaze Skin Laser Clinic, 75G, Jalan SS21/60, Damansara Utama, Petaling Jaya, Selangor. Tel: 03-7710 2295

**Price** From RM500 per session, about 45 minutes

**FINAL RATING** ★★★★★☆